

CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 12:45 until 14:00. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Muylaert Kenneth

Coaches: Houtevelt Kyllian

Coaches: Muylaert Nele HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:1, starttime: 14:10

Heat: 1/5 Lane : 5 Athlete: BOMBAERT LOUIS Q-time: 99:99:99

PB (25m pool): no time PB (50m pool): no time SB: no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	<i>no time</i>							

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:4, starttime: 14:25

Heat: 4/5 Lane : 4 Athlete: TURF SANDER Q-time: 03:02:60

PB (25m pool): 03:02.60 Liedekerke 01/05/2025 PB (50m pool): 03:12.96 SB: no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:41.23		01:29.72		no time		03:02.60
	<i>00:41.23</i>		<i>00:48.49</i>					

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+ Heat:5, starttime: 14:29

Heat: 5/5 Lane : 2 Athlete: DE PEYPER MATS Q-time: 02:38:82

PB (25m pool): 02:38.82 Liedekerke 01/05/2026 PB (50m pool): 02:46.35 SB: 02:38.82 Liedekerke 01/05/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.38		01:17.11		no time		02:38.82
	<i>00:36.38</i>		<i>00:40.73</i>					

Coach feedback:

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Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 14:29	
Heat: 5/5 Lane : 3 Athlete: VERROKEN GERBEN							Q-time: 02:33:24	
PB (25m pool): 02:31.28 Sportoase Leuven 25/02/2024				PB (50m pool): 02:36.33 SB: 02:37.76 LEUVEN. 22/02/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		02:31.28
	no time							

Coach feedback:

Event number: 2: 200M BREASTSTROKE MEN 11+							Heat:5, starttime: 14:29	
Heat: 5/5 Lane : 4 Athlete: PERSOONS EMIEL							Q-time: 02:33:69	
PB (25m pool): 02:33.69 Liedekerke 01/05/2025				PB (50m pool): 02:38.35 SB: 02:35.63 Temse 21/12/2025				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.75		01:15.63		no time		02:33.69
	00:35.75		00:39.88					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 14:38	
Heat: 2/5 Lane : 2 Athlete: VAN DER POORTEN ELIEN							Q-time: 03:44:95	
PB (25m pool): 03:44.95 Leuven. 23/02/2025				PB (50m pool): no time SB: no time				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:53.30		no time		no time		03:44.95
	00:53.30							

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 14:46	
Heat: 4/5 Lane : 3 Athlete: BIESEMANS JANA							Q-time: 02:52:01	
PB (25m pool): 02:52.01 Zwembad De Treffer 06/04/2026				PB (50m pool): 02:57.11 SB: 02:52.01 Zwembad De Treffer 06/04/2026				
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:39.63		no time		no time		02:52.01
	00:39.63							

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 14:50	
Heat: 5/5 Lane : 1 Athlete: DEROOST BEAU							Q-time: 02:44:50	
PB (25m pool): 02:44.50 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 02:54.28 SB: 02:44.50 Sint-Pieters-Leeuw 01/03/2026					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.88		no time		no time		02:44.50
		00:35.88						

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 14:59	
Heat: 1/6 Lane : 5 Athlete: TUTS VIKTOR			Q-time: 99:99:99	
PB (25m pool): 00:43.53 Liedekerke 03/11/2024		PB (50m pool): no time SB: no time		
	25 M	50 M		
PB		00:43.53		
		00:43.53		
		

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 15:06	
Heat: 4/6 Lane : 4 Athlete: BLOMMAERTS MATHIS			Q-time: 00:38:42	
PB (25m pool): 00:38.42 Kapelle-op-den-Bos 19/04/2026		PB (50m pool): no time SB: 00:38.42 Kapelle-op-den-Bos 19/04/2026		
	25 M	50 M		
PB		00:38.42		
		00:38.42		
		

Coach feedback:

Event number: 5: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 15:09	
Heat: 6/6 Lane : 4 Athlete: DE BACKER BRENT			Q-time: 00:32:01	
PB (25m pool): 00:32.01 Leuven 12/10/2025		PB (50m pool): 00:33.11 SB: 00:32.01 Leuven 12/10/2025		
	25 M	50 M		
PB		00:32.01		
		00:32.01		
		

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:1, starttime: 15:11
Heat: 1/5 Lane : 3 Athlete: VAN DER VEKEN LARA		Q-time: 00:47:05
PB (25m pool): 00:47.05 Liedekerke 01/05/2025 PB (50m pool): no time SB: no time		
	25 M	50 M
PB		00:47.05
	00:47.05	

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:1, starttime: 15:11
Heat: 1/5 Lane : 4 Athlete: HEREMANS MARIE		Q-time: 00:47:26
PB (25m pool): 00:47.26 Liedekerke 01/05/2025 PB (50m pool): no time SB: no time		
	25 M	50 M
PB		00:47.26
	00:47.26	

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:3, starttime: 15:14
Heat: 3/5 Lane : 1 Athlete: MUYLEAERT YELLE		Q-time: 00:38:71
PB (25m pool): 00:38.71 Dilbeek 28/09/2025 PB (50m pool): 00:39.21 SB: 00:38.71 Dilbeek 28/09/2025		
	25 M	50 M
PB		00:38.71
	00:38.71	

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+		Heat:4, starttime: 15:15
Heat: 4/5 Lane : 1 Athlete: HEREMANS DITTE		Q-time: 00:35:44
PB (25m pool): 00:35.44 Liedekerke 01/05/2026 PB (50m pool): 00:35.28 SB: 00:35.44 Liedekerke 01/05/2026		
	25 M	50 M
PB		00:35.44
	00:35.44	

Coach feedback:

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Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 15:17
Heat: 5/5 Lane : 2 Athlete: BOMBAERT MILLA			Q-time: 00:32:80
PB (25m pool): 00:32.80 LEUVEN. 22/02/2026		PB (50m pool): 00:35.10 SB: 00:32.80 LEUVEN. 22/02/2026	
	25 M	50 M	
PB		00:32.80	
	00:32.80		
	

Coach feedback:

Event number: 6: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 15:17
Heat: 5/5 Lane : 4 Athlete: LANDRIEU NORA			Q-time: 00:31:84
PB (25m pool): 00:31.84 Kapelle-op-den-Bos 19/04/2026		PB (50m pool): 00:31.73 SB: 00:31.84 Kapelle-op-den-Bos 19/04/2026	
	25 M	50 M	
PB		00:31.84	
	00:31.84		
	

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+				Heat:7, starttime: 15:48
Heat: 7/8 Lane : 2 Athlete: TURF SANDER				Q-time: 01:01:98
PB (25m pool): 01:01.98 Zwembad De Treffer 06/04/2026		PB (50m pool): 01:04.81 SB: 01:01.98 Zwembad De Treffer 06/04/2026		
	25 M	50 M	75 M	100 M
PB		00:29.66		01:01.98
	00:29.66		00:32.32	

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+				Heat:8, starttime: 15:50
Heat: 8/8 Lane : 1 Athlete: DE BACKER BRENT				Q-time: 00:59:35
PB (25m pool): 00:59.35 Leuven 12/10/2025		PB (50m pool): 01:00.91 SB: 00:59.35 Leuven 12/10/2025		
	25 M	50 M	75 M	100 M
PB		00:28.13		00:59.35
	00:28.13		00:31.22	

Coach feedback:

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Event number: 8: 100M FREESTYLE MEN 11+				Heat:8, starttime: 15:50	
Heat: 8/8 Lane : 3 Athlete: VERROKEN GERBEN				Q-time: 00:54:29	
PB (25m pool): 00:54.29 Aarschot 28/07/2025			PB (50m pool): 00:54.82 SB: 00:54.36 Leuven 12/10/2025		
	25 M	50 M	75 M	100 M	
PB		no time		00:54.29	
	<i>no time</i>				
	

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+				Heat:8, starttime: 15:50	
Heat: 8/8 Lane : 4 Athlete: PERSOONS EMIEL				Q-time: 00:56:50	
PB (25m pool): 00:56.50 Stedelijk Zwembad Geel 15/02/2026			PB (50m pool): 00:58.59 SB: 00:56.50 Stedelijk Zwembad Geel 15/02/2026		
	25 M	50 M	75 M	100 M	
PB		00:27.13		00:56.50	
	<i>00:27.13</i>		<i>00:29.37</i>		
	

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+				Heat:5, starttime: 16:01	
Heat: 5/8 Lane : 1 Athlete: VAN DER VEKEN LARA				Q-time: 01:15:72	
PB (25m pool): 01:15.72 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:17.28 SB: 01:15.72 Zwembad De Treffer 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:35.12		01:15.72	
	<i>00:35.12</i>		<i>00:40.60</i>		
	

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+				Heat:6, starttime: 16:03	
Heat: 6/8 Lane : 3 Athlete: BIESEMANS JANA				Q-time: 01:10:32	
PB (25m pool): 01:10.32 Temse 17/11/2025			PB (50m pool): 01:12.00 SB: 01:10.32 Temse 17/11/2025		
	25 M	50 M	75 M	100 M	
PB		00:33.05		01:10.32	
	<i>00:33.05</i>		<i>00:37.27</i>		
	

Coach feedback:

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Event number: 9: 100M FREESTYLE WOMEN 11+				Heat:7, starttime: 16:05	
Heat: 7/8 Lane : 2 Athlete: HEREMANS DITTE				Q-time: 01:09:45	
PB (25m pool): 01:09.45 Temse 21/12/2025			PB (50m pool): 01:11.69 SB: 01:09.45 Temse 21/12/2025		
	25 M	50 M	75 M	100 M	
PB		00:33.13		01:09.45	
		00:33.13		00:36.32	
	

Coach feedback:

Event number: 9: 100M FREESTYLE WOMEN 11+				Heat:8, starttime: 16:07	
Heat: 8/8 Lane : 1 Athlete: DEROOST BEAU				Q-time: 01:06:94	
PB (25m pool): 01:06.94 Zwembad De Treffer 06/04/2026			PB (50m pool): 01:06.82 SB: 01:06.94 Zwembad De Treffer 06/04/2026		
	25 M	50 M	75 M	100 M	
PB		00:31.60		01:06.94	
		00:31.60		00:35.34	
	

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+			Heat:3, starttime: 16:22		
Heat: 3/5 Lane : 2 Athlete: BLOMMAERTS MATHIS			Q-time: 00:37:21		
PB (25m pool): 00:37.21 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: 00:37.21 Kapelle-op-den-Bos 19/04/2026		
	25 M	50 M			
PB		00:37.21			
		00:37.21			
			

Coach feedback:

Event number: 11: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 16:24		
Heat: 5/5 Lane : 1 Athlete: DE PEYPER MATS			Q-time: 00:29:83		
PB (25m pool): 00:29.83 LEUVEN 23/11/2025			PB (50m pool): 00:30.47 SB: 00:29.83 LEUVEN 23/11/2025		
	25 M	50 M			
PB		00:29.83			
		00:29.83			
			

Coach feedback:

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Event number: 12: 50M BACKSTROKE WOMEN 11+		Heat:2, starttime: 16:28
Heat: 2/6 Lane : 5 Athlete: VAN DER POORTEN ELIEN		Q-time: 00:48:29
PB (25m pool): 00:48.29 Liedekerke 11/11/2025		PB (50m pool): no time SB: 00:48.29 Liedekerke 11/11/2025
	25 M	50 M
PB		00:48.29
	00:48.29	

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+		Heat:3, starttime: 16:30
Heat: 3/6 Lane : 4 Athlete: HEREMANS MARIE		Q-time: 00:43:11
PB (25m pool): 00:43.11 Liedekerke 11/11/2025		PB (50m pool): 00:44.10 SB: 00:43.11 Liedekerke 11/11/2025
	25 M	50 M
PB		00:43.11
	00:43.11	

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+		Heat:3, starttime: 16:30
Heat: 3/6 Lane : 5 Athlete: MUYLEAERT YAELE		Q-time: 00:44:24
PB (25m pool): 00:44.24 Wildersportcomplex 16/03/2025		PB (50m pool): 00:43.71 SB: no time
	25 M	50 M
PB		00:44.24
	00:44.24	

Coach feedback:

Event number: 12: 50M BACKSTROKE WOMEN 11+		Heat:5, starttime: 16:34
Heat: 5/6 Lane : 5 Athlete: BOMBAERT MILLA		Q-time: 00:36:80
PB (25m pool): 00:34.60 Liedekerke 11/11/2022		PB (50m pool): 00:39.17 SB: 00:38.09 Kapelle-op-den-Bos 19/04/2026
	25 M	50 M
PB		00:34.60
	00:34.60	

Coach feedback:

CVB BSB 05/26: Session: 4: COACH evaluation sheet for TEAM: ZIOS

Event number: 12: 50M BACKSTROKE WOMEN 11+			Heat:6, starttime: 16:36		
Heat: 6/6 Lane : 3 Athlete: LANDRIEU NORA			Q-time: 00:34:00		
PB (25m pool): 00:34.00 Liedekerke 11/11/2025		PB (50m pool): 00:35.58 SB: 00:34.00 Liedekerke 11/11/2025			
	25 M	50 M			
PB		00:34.00			
	00:34.00				
			

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+						Heat:1, starttime: 16:37		
Heat: 1/5 Lane : 4 Athlete: TUTS VIKTOR						Q-time: 99:99:99		
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
	no time							

Coach feedback:

Event number: 13: 200M MEDLEY MEN 11+						Heat:4, starttime: 16:50		
Heat: 4/5 Lane : 3 Athlete: BOMBAERT LOUIS						Q-time: 02:43:92		
PB (25m pool): 02:43.92 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 03:00.17 SB: 02:43.92 Kapelle-op-den-Bos 19/04/2026					
	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.78		no time		no time		02:43.92
	00:32.78							

Coach feedback: